

Magnetic Resonance Imaging (MRI) of the Prostate

Arrive **15 minutes before the scheduled time** due to preparations. The examination takes 30-60 minutes.

Successful examination requires good bowel preparation. To do this, buy Microlax® from the pharmacy. Use the first tube the evening prior to the examination day and the second tube 3-4 hours before the examination. Also, before the start of the examination, go to the toilet to empty both your bowels and your bladder

Before the examination

- **Do not eat anything four hours before the examination.**
- You may take your regular medications.
- Do not apply medication patches (e.g. nicotine patch, pain relief patch).
- All jewelry and piercings must be removed before the examination. If you have piercings that you do not wish to remove, please replace them with plastic ones that contain no metal parts.
- Wear something light and comfortable that is easy to remove.

During the examination

Magnetic Resonance Imaging (MRI) provides precise anatomical images of the human body using a strong magnetic field. The examination does not involve ionising radiation or X-rays. The examination is painless and allows for the diagnosis of various diseases. The examination is performed in a tunnel-like device that is open at both ends, well ventilated and well lit.

PLEASE NOTE! If you have claustrophobia, or a fear of confined spaces, or anxiety, tell your doctor, who will prescribe a mild sedative if necessary. If you are afraid, inform the radiology technician performing the examination.

During the examination, you will be monitored through a window and via a camera. If you experience any discomfort, you can signal the radiographer using a safety button. During the examination, you will hear loud noises from the device, so ear protection will be provided.

The success of the examination requires remaining still throughout the procedure. Every effort will be made to ensure your comfort. If necessary, you may be given breathing instructions. Breath holds last for about 10-20 seconds at a time.

Before the examination, a sedative medication (Bysimin) for your intestines will be injected. During some MRI scans, a contrast agent may be injected into a vein to improve the



clarity of the images. The contrast agent used is gadolinium-based. Allergic reactions are very rare.

MRI contrast agent – what should you know

The contrast agent used in MRI contains gadolinium, which helps the doctor see important areas more clearly. Modern gadolinium-based agents have very low kidney toxicity and are generally safe to use.

Patients with kidney problems

- Contrast agents can be administered even to patients with kidney failure, including those with significantly reduced kidney function (eGFR < 30).
- If the eGFR is very low (< 15), hemodialysis after the examination may be helpful.
- MRI with contrast can be performed for hemodialysis patients if dialysis is carried out within 24 hours after the examination.
- Patients on peritoneal dialysis can continue their treatment as usual.

Gadolinium may accumulate in certain areas of the brain over time, but the clinical significance of this is currently unknown.

Low-risk MRI contrast agents include: Gadovist.

The contrast agent is excreted from the body through the kidneys; it is recommended to drink more fluids than usual after the examination.

Pregnancy and breastfeeding

- During pregnancy, gadolinium contrast is used only if absolutely necessary.
- Only a very small amount of contrast agent passes into breast milk, and it is completely cleared from the body within 24 hours. If desired, a mother may pump and store breast milk before the examination to use for feeding afterwards. This is not required, but it may provide additional reassurance.

After the examination

You will receive the results of the examination from your doctor. If you do not have a scheduled follow-up appointment or phone call, please contact the referring department.