

MRI or magnetic resonance imaging of

Pelvic organs

Arrive **15 minutes before the scheduled time** due to preparations. The examination takes 30-60 minutes.

Successful examination requires good bowel preparation. It is important that you empty your bowels the night before/the morning of the examination, either naturally or, if there is abdominal constipation, use Microlax®. You can purchase it from a pharmacy.

Before the examination

- Do not eat anything four hours before the examination
- You may take your regular medications
- Do not apply medication patches (e.g. nicotine patch, pain relief patch)
- Jewellery and piercings must be removed. It is better to leave them at home
- Wear something light and comfortable that is easy to remove

During the examination

Magnetic Resonance Imaging (MRI) provides precise anatomical images of the human body using a strong magnetic field. The examination does not involve ionising radiation or X-rays. The examination is painless and allows for the diagnosis of various diseases. The examination is performed in a tunnel-like device that is open at both ends, well ventilated and well lit.

PLEASE NOTE! If you have claustrophobia, or a fear of confined spaces, or anxiety, tell your doctor, who will prescribe a mild sedative if necessary. If you are afraid, inform the radiology technician performing the examination.

During the examination, you will be monitored through a window and via a camera. If you experience any discomfort, you can signal the radiology technician using a safety button. During the examination, you will hear loud noises from the device, so ear protection will be provided.

The success of the examination requires remaining still throughout the procedure. Every effort will be made to ensure your comfort. If necessary, you may be given breathing instructions. Breath holds last for about 10-20 seconds at a time.

Before the examination, a sedative medication (Bysimin) for your intestines will be injected. If necessary, a contrast agent will be injected into a vein during the examination, which does not contain iodine. Allergic



reactions are very rare. The contrast agent is eliminated from the body through the kidneys, so it is recommended to drink more fluids than usual after the examination.

After the examination

You will receive the results of the examination from your doctor. If you do not have a scheduled follow-up appointment or phone call, please contact the referring department.

